

# HUMAN SERVICES

Physical Address: 31 Arbor Way, Ellington, CT 06029

Mailing Address: P.O. Box 187, Ellington, CT 06029

**Phone: 860.870.3128**

**Joy Hollister, Director of Human Services**  
jhollister@ellington-ct.gov

**Rebecca Stack, Elderly Outreach/Social Worker**  
rstack@ellington-ct.gov

The Ellington Human Services Department provides programs and services that meet the social services, health care, and transportation needs of the community. Including providing Ellington senior residents and their families with information on programs and services that can assist the elderly in living independently in our community.

**PLEASE CALL TO SCHEDULE AN APPOINTMENT**  
**Residents are provided direct service or referred to community-based programs.**

## Veterans' Coffeehouse

Meets the 3rd Thursday of the month at  
Hall Memorial Library at 10:30 a.m.  
Veterans from all branches of the US Military are  
invited to attend.

**Next Meeting Date: September 19th**

Contact Joe Palombizio for more information

860-870-3182.



## RENTER'S REBATE PROGRAM

If you are 65+ or a person receiving Social Security Disability and reside in Ellington, you may be eligible for a "rebate". This income-based program provides a one-time payment to renters based on the rent and utilities paid in the previous year.

Applications are accepted **By Appointment**

Please contact our office to schedule an  
appointment **860.870.3128**

### Household Income Guidelines

Single/widowed applicants – under \$36,000

Married applicants – under \$43,900

**DEADLINE IS OCTOBER 1ST**

**Are You Eligible For Winter Heating Assistance?**

## Connecticut Energy Assistance Program

**PLEASE CALL HUMAN SERVICES  
TO SCHEDULE YOUR APPOINTMENT**

**860-870-3128**

### **DELIVERABLE FUEL - (Oil, Wood, Propane, etc.)**

Ellington Human Services will begin taking applications  
on **September 16th**

**Letters to prior applicants will be sent out the  
last week of August**

### **UTILITY HEATED HOUSEHOLDS - (Electric/Natural Gas)**

Ellington Human Services will begin taking application  
on **November 1st.**

**Letters to prior applicants will be sent out  
In late September**

## Memory & Movement

**The Last Wednesday of Every  
Month**

**At 1:00 p.m.**

**Starting September 25th**

**The Ellington Senior Center  
40 Maple Street, Ellington CT**



**A CLASS DESIGNED ON A MEMORY CARE MODEL.  
ENJOY AN EXERCISE CLASS ALONG WITH YOUR  
LOVED ONE. LIGHT CHAIR EXERCISES WITH MU-  
SIC TO SING-ALONG AND A LIGHT SOCIAL TIME  
AT THE END.**

**LIGHT REFRESHMENTS WILL ALSO BE SERVED.**

Class Instructed  
Matson from

*Home Helpers®*

by Nicole





Rebecca Stack,  
Elderly Outreach Social Worker  
is at the Senior Center  
on the Last Wednesday of the month  
between 10:00a– 1:00p.  
Stop in with your questions  
or just to say hello.



**No one ever injured their eyesight  
looking on the bright side.**



**Thursday, September 26th  
at 1:00 PM**

Ellington Senior Center - 40 Maple Street

### **MEDICARE: WHAT YOU NEED TO KNOW NOW**



**Join us for an overview of Medicare**



Medicare Basics

- ☐ Eligibility, Enrollment, and Options
- ☐ Traditional Medicare Benefits - A, B, D
  - ☐ Medicare Advantage Plans
- ☐ Medigap or Supplement Insurance

**Open Enrollment Begins on October 15th**

## **Grandma's Free Pantry Opens In Ellington**

(Excerpt from Ellington Patch. Author By Dianne Trueb, PATCH MAYOR )



The Town of Ellington Human Services Department held a ribbon-cutting ceremony on August 8th for "**Grandma's Pantry**" which is located in front of that department's office at 31 Arbor Way, Ellington. The Pantry was built with donations made after the death of long-time Ellington Resident and community activist Estelle Williamson, who passed away at the age of 90 in December of 2017. The pantry is now stocked with a variety of nonperishable food items and a limited supply of everyday hygiene and household supplies such as dish detergent, laundry soap, toothpaste, shampoo and disposable diapers/wipes. **There is a list of acceptable items attached to the door of the pantry.** The goal of Grandma's Pantry is to assist those in need of basic necessities in an anonymous fashion and during hours when the Human Services Department is not open. Those in need can access it at any hour of any day.

Donations can be placed inside the structure, which is easily accessible from the parking lot.